

National Safety Stand-Down to Prevent Falls in Construction

May 6-10, 2024



Falls are the leading cause of workplace deaths among construction workers. The [National Safety Stand-Down to Prevent Falls](#) is a voluntary event for employers to take a break during the workday to talk directly to employees about the severity of fall hazards and reinforce the importance of training and prevention.

This is a brief summary of resources of our [National Campaign to Prevent Falls page](#) as well as our [National Stand-Down page](#).

Toolbox talks, hazard alert cards, infographics, videos & more (in *English, Spanish*), including:

- ❖ Job site planning materials
- ❖ Stand-down posters
- ❖ Fall hazard data bulletins
- ❖ Rescue planning
- ❖ Choosing the right anchorages
- ❖ Tools for small residential contractors
- ❖ Proper PPE fit
- ❖ Ladder Safety App
- ❖ Aerial Lift Simulator
- ❖ Mast Climbing Work Platform Inspection tool
- ❖ Fall fatality [investigations](#)
- ❖ And many more...

HAVE A RESCUE PLAN TO PREVENT SUSPENSION TRAUMA
The harness stopped the fall, but hanging too long can be deadly!

Before work begins...

- ✓ Train workers on self and assisted rescues, and provide rescue equipment.

After a fall, initiate the rescue plan...

- ✓ If immediate rescue is not possible, the suspended worker should keep blood circulating by:
 - Using trauma straps or loops, a personal rope ladder, or create a foot loop from the lifeline to shift into a standing position.
 - "Pumping" legs frequently.
- ✓ Call 911. Do not let the worker lie down while waiting for help.

Watch the Clock... if blood is not circulating, it only takes a short time for a worker to:

- ⌚ Become light-headed, nauseous, or unconscious
- ⌚ Suffer suspension trauma and death

PLAN PROVIDE TRAIN These steps apply to all workers. [Learn more at **www.osha.gov** dlb/rlb/ah/302046.pdf](#)

Join the Campaign to Stop Construction Falls! www.stopconstructionfalls.com

Logos: FIAA, NIOSH, NIOSH, NIOSH, CPWR



CPWR TOOLBOX TALK Aerial Lift Safety

Get outriggers, brakes, and wheel chocks – even if on a level surface.
Stand on the floor of the bucket. Do not climb on or lean over the guardrails.
Wear fall arrest equipment with lanyard attached to a designated anchor point.



FOR MORE INFORMATION VISIT:
STOPCONSTRUCTIONFALLS.COM

#StandDown4Safety

