

STANDING DOWN FOR FALL SAFETY IN 2020:

Ideas for Virtual or Socially Distanced Stand-Down Events

September 14-18th is the 7th annual National Safety Stand-Down to Prevent Falls in Construction – an opportunity to pause work on jobsites across the country and talk about fall safety with crews large and small. Much like work and life in general, however, your stand-down activities might look a little different during the pandemic this year. Below are several ideas for holding an event with employees virtually or in person at a safe distance. Be sure to follow the most [recent CDC guidelines](#) and [other guidelines for the construction industry](#) to protect yourself and others from the spread of COVID-19.

1. Host or Attend a Virtual Event...

OPTION #1 – Use Zoom, Microsoft Teams, or another online platform to hold a meeting to review fall safety basics, conduct a training, or remind employees of company policies for fall prevention and protection.

OPTION #2 – Attend a live webinar held by another organization. OSHA’s [Stand-Down calendar](#) lists virtual events open to the public.

OPTION #3 – Hold a virtual meeting using an online platform to watch [an on-demand webinar or other video](#), such as pre-recorded webinars about joining the Stand-Down, roofer safety, fall rescue, and Q&A with a panel of ANSI Z-359 experts. Then use some time at the end for a live discussion.

2. Share short videos or podcasts...

Not enough time for a meeting or event? Share short videos or podcasts* with your crew that can be viewed or listened to on a break or during the commute. Then talk about it for a few minutes at a morning meeting – but remember to stay 6 feet apart!

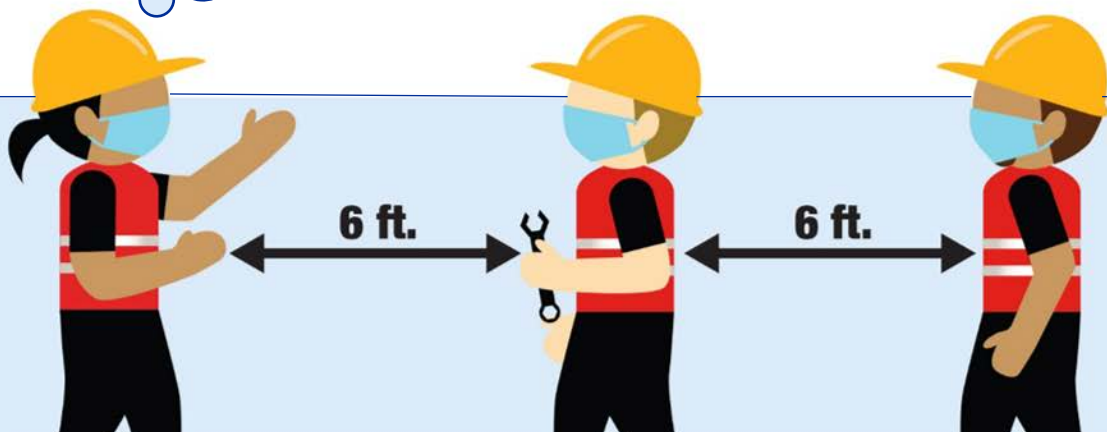
Check out [CPWR’s YouTube playlist on falls, with new videos from NIOSH](#).

**Podcasts coming soon at stopconstructionfalls.com*

3. Conduct a Toolbox Talk or Fall Protection Demo

You can still do some of the activities you would do during any Stand-Down.

Conduct a [toolbox talk](#), safety presentation, or fall protection demonstration, making sure workers are **at least 6 feet apart and wearing face coverings**.



4. Inspect, Clean, and Disinfect...

Ask workers to inspect equipment before use. **Broken or damaged equipment should be tagged and removed.**

Shared equipment can expose workers to diseases. Ask workers to clean and disinfect equipment during pre-shift inspections and when shared with other workers. Use products that meet [EPA's criteria for use against SARS-CoV-2](#) [external icon](#), [diluted household bleach solutions](#) prepared according to the manufacturer's label for disinfection, or alcohol solutions that have at least 70% alcohol and are appropriate for the surface. Talk to your manufacturers and check the [CPWR COVID-19 Construction Clearinghouse](#) for additional info.



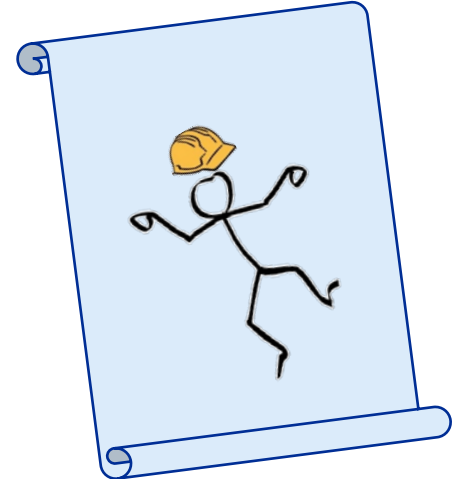
5. Complete or Review Your Written Fall Protection Plan...

Do you have a written fall protection and rescue plan? If so, can it be improved? If not, use [this generic template](#) to create one for your jobsite. For small employers or those just beginning to plan for falls, [click here for a shorter, simpler plan](#) (also available in Spanish).

6. Hold a Family Poster Contest...

Ask workers to create a fall safety poster at home with their families – the exercise will reinforce the importance of job site safety and help workers associate it with coming home safe and healthy to their families. To make the contest virtual, ask each employee to snap a photo and post it to social media while tagging your company.

Don't forget to use [#StandDown4Safety](#); then hang the posters at work.



7. Share Your Story...

Has fall protection saved your life? Send an email to falls@cpwr.com and tell us your story. We may publish or post it after talking to you so that others can learn from your first-hand experience.

8. Get a Certificate of Participation... Visit [OSHA's website](#) to print a certificate.



For more Stand-Down resources, 2020 hardhat stickers, and materials to improve fall safety year-round, visit stopconstructionfalls.com!