

# **Equipment: Getting On and Off**

Getting on and off equipment can lead to accidents ranging from sprains, cuts, bruises, fractures and even death.

#### Here is an Example

Joe was an operator of a front-end loader. He went to climb down from the cab and lost his footing on the steps. Joe fell to the ground and sprained his ankle.

- 1. How could this accident have been avoided?
- 2. Have you ever experienced an accident similar to this at your worksite?

### **Getting On and Off Equipment**

- Face the equipment and maintain three-point contact when descending.
- Wear shoes that will provide support and traction.
- Set the parking brake to prevent the equipment from moving.
- Keep areas clean and free of debris.
- Inspect the steps for mud or other conditions that will make the footing slippery.

### What Are We Going to Do Today?

What will we do here at the worksite today to prevent injuries while getting on and off equipment?

1	
2	
3	
3	
	OSHA STANDARD: 1926.600, 1926.20

©2013, CPWR – The Center for Construction Research and Training. All rights reserved. CPWR is the research, training, and service arm of the Building and Construction Trades Dept., AFL-CIO, and works to reduce or eliminate safety and health hazards construction workers face on the job. Production of this card was supported by Grant OH009762 from the National Institute for Occupational Safety and Health (NIOSH). The contents are solely the responsibility of the authors and do not necessarily represent the official views of NIOSH. **www.cpwr.com** 





## Equipment: Getting On and Off



- Face the equipment and maintain three-point contact when descending.
- Keep areas clean and free of debris.
- Inspect the steps for mud or other conditions that will make the footing slippery.