

PLANNING TO PREVENT FALLS IN CONSTRUCTION

A CHECKLIST TO STOP CONSTRUCTION FALLS

Planning ahead is the most important thing you can do to prevent falls. Here are a few questions to ask *before* work starts.

First Questions

YES NO

Do your employees have to work at heights on this jobsite?

If yes, how will they get to where they will be working?

Will ladders be used? If so:

YES NO

Do you have the correct ladder for the job?

Is the ladder in good condition?

Is it set up properly?

Have users been trained in safe ladder use?

Will aerial lifts, scissors lifts or bucket trucks be used? If so:

YES NO

Is the ground level for safe footing?

Do all workers have harnesses?

Have they been trained in fall protection?

Have users been trained in safe lift use?

Has the site been assessed to prevent contact with power lines?

Will scaffolding be used? If so:

YES NO

Is the scaffold fully planked with quality planks?

Does it have proper guardrails?

Is a competent person on site who has inspected the scaffold before use?

Have all scaffold builders had scaffold builder training?

Have all scaffold users had scaffold user training?

Will supported scaffolds be used? If so:

YES NO

- Is there proper footing? YES NO
- Is the ground level? YES NO
- Is there a ladder for safe access? YES NO
- Is the scaffold properly tied into the structure and sufficiently close? YES NO

Will suspended scaffolds be used? If so:

YES NO

- Are there sufficient tiebacks to support the scaffold? YES NO
- Are the connections, wire ropes and braking systems in good order? YES NO
- Are two-point suspension scaffolds tied or otherwise secured to prevent them from swaying? YES NO
- Is a system for emergency escape and rescue provided? YES NO

Will fall protection be used? If so:

YES NO

Guardrails

- Will all workers be behind guardrails? YES NO
- Are the guardrails at least 39" high? YES NO
- Are all open edges protected? YES NO

Lifelines

- Will workers be using fall protection (lifelines)? YES NO
- Are anchors installed? YES NO
- Do all workers have harnesses? YES NO
- Are workers given harnesses for their individual use during the entire job? YES NO
- Are lifelines in good order and of proper length? YES NO
- Is all the equipment readily accessible and properly stored? YES NO
- Is there a work plan to prevent lifelines from getting tangled? YES NO
- Have all workers been trained in proper lifeline use? YES NO
- Has a competent person been selected to make sure fall protection is used and used properly? YES NO



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